



KGV

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“  
**MAKE YOUR VOICE HEARD**  
 Every voice matters  
 ”

GIVE YOUR FEEDBACK TO US



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## MENU MECHANISM



**NUTS FREE**  
All our meals are **Nuts Free**



**CAGE FREE**  
All our eggs are **Cage Free**



**MADE IN HONG KONG**  
Discover **Locally Made** products



**HK GROWN LOCALLY**  
Savor **Low Carbon** footprint produce

**50 FUTURE FOOD**  
Ingredients good for **Planet & Health**



**GO & ENJOY**    All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

**OK BUT THINK**    Our **Food Traffic Light** will guide students in making informed meal choices.

**BE CAUTIOUS**

— ALLERGEN ALERT & FOOD ICONS —







*A Healthy and Balanced Diet Every Day!*

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**Sodexo Hong Kong Website**



**Sodexo Instagram**

**DISCLAIMER:**

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Mar 31 – Apr 4

# WEEKLY MENU



31/03 Monday

01/04 Tuesday

02/04 Wednesday

03/04 Thursday

04/04 Friday

**SOCIAL KITCHEN | Monday: 11:00am - 1:30pm; Tuesday to Friday: 11:30am - 2:30pm**

<b>Meal A</b> \$40 Takeaway \$37 Dine-in	<b>Tomato &amp; Chicken Casserole w/ Rice</b> 	<b>Roasted Chicken Steak in Onion Sauce w/ Rice</b>	<b>Beef Bourguignon w/ Rice</b>	<b>Indian Butter Chicken w/ Rice</b> 
<b>Meal B</b> \$40 Takeaway \$37 Dine-in	<b>Beef Stroganoff w/ Rice OR Spaghetti</b> 	<b>Baked Fish Fillet in Tomato Sauce w/ Rice OR Penne</b> 	<b>Lemongrass Pork Chop w/ Rice</b>	<b>Double Cooked Pork Belly w/ Rice</b>
<b>Meal C</b> \$37 Takeaway \$34 Dine-in	<b>(Vegan) Sauteed Assorted Organic Veggie w/ Bean-Curd Stick, Rice</b> 	<b>(V) Stir-fried Egg Noodle w/ Assorted Vegetable</b> 	<b>(Vegan) Shiitake Lentil Bolognese w/ Macaroni</b> 	<b>(V) Farfalle w/ Creamy Porcini Mushroom Sauce</b> 

**BOWL | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm**

<b>Bowl</b> \$40	<b>Stir-fried Flat Rice Noodle w/ Pork</b>	<b>Taiwanese Braised Minced Pork w/ Boiled Egg, Rice</b> 	<b>Japanese Soup U-don w/ Chicken (Pre-order Available)</b>	<b>Pho Thap Cam (Pre-order Available)</b>
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**LEO'S | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm**

<b>Salad Box</b> \$36	<b>Grilled Bacon Caesar</b> 	<b>(V) Greek Salad</b> 	<b>German Potato Salad</b> 	<b>Mixed Kale Salad w/ Smoked Salmon</b> 
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**PIAZZA PIZZA | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm**

<b>Pizza A</b> \$29	<b>Pepperoni &amp; Cheese</b> 	<b>Bacon &amp; Cheese</b> 	<b>Chicken &amp; Mushroom</b> 	<b>Meat Lover</b> 
<b>Pizza B (Vegetarian)</b> \$29	<b>(V) Marinara</b> 	<b>(V) Margherita</b> 	<b>(V) Trio Cheese</b> 	<b>(V) Marinara</b> 



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus





Mar 31 – Apr 4

# WEEKLY MENU



31/03 Monday		01/04 Tuesday			02/04 Wednesday			03/04 Thursday			04/04 Friday				
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
<b>Meal A</b>	Tomato & Chicken Casserole w/ Rice			Roasted Chicken Steak in Onion Sauce w/ Rice			Beef Bourguignon w/ Rice			Indian Butter Chicken w/ Rice					
	134	7	3	212	18	10	261	15	10	177	7	8			
<b>Meal B</b>	Beef Stroganoff w/ Rice OR Spaghetti			Baked Fish Fillet in Tomato Sauce w/ Rice OR Penne			Lemongrass Pork Chop w/ Rice			Double Cooked Pork Belly w/ Rice					
	194	10	8	196	22	7	148	12	8	277	13	16			
<b>Meal C</b>	(Vegan) Sauteed Assorted Organic Veggie w/ Bean Curd Stick, Rice			(V) Stir-fried Egg Noodle w/ Assorted Vegetable			(Vegan) Shiitake Lentil Bolognese w/ Macaroni			(V) Farfalle w/ Creamy Porcini Mushroom Sauce					
	103	5	4	197	6	9	190	8	4	215	8	5			
<b>Bowl</b>	Stir-fried Flat Rice Noodle w/ Pork			Taiwanese Braised Minced Pork w/ Boiled Egg, Rice			Japanese Soup U-don w/ Chicken			Pho Thap Cam					
	1947	10	8	240	14	12	127	12	2	112	8	3			
<b>Salad Box</b>	Grilled Bacon Caesar			(V) Greek Salad			German Potato Salad			Mixed Kale Salad w/ Smoked Salmon					
	140	5	12	81	2	6	121	2	4	185	6	15			



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